HARVEST OF THE MONTH Mandarin Oranges

Mandarin oranges are a smaller descendent of a regular orange. They are in season from November to April and one large mandarin contains 53% of your daily Vitamin C! Mandarins aid in digestion, give your immune system a boost, and can help relieve stress! They keep well at room temperature and are easy to peel, which makes them a great snack -- grab one today!





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